



## Volunteer Meal Exchange Policy

FoCo Cafe is a 501(c)(3) non-profit that strives to build community by providing nutritious and delicious meals to the people of Fort Collins regardless of their ability to pay while using mostly local, organic, and sustainably grown ingredients. In order to sustain the mission of FoCo Cafe, and because the restaurant operates exclusively on volunteer labor, we have established a Meal Exchange Policy that provides guidelines for meal exchange eligibility.

Volunteers include those who work

- in exchange for a meal (those of lesser means)
- for class credit (or other school related credit)
- for court/judiciary appointed community service
- to donate their time in order to “pay-it-forward”

Our meal exchange guidelines are as follows:

- Those who cannot pay are asked to volunteer for one hour in exchange for a meal.
- Those working for class credit or court/judiciary community service are not eligible for a shift meal. *However, if you cannot make a monetary contribution for your meal, you may work an additional hour (which will not count toward your class credit or court/judiciary community service) in exchange for a meal.*
- Those donating their time are eligible for a shift meal after having worked at least three consecutive hours. *If you can afford to make a monetary contribution for your meal, we ask that you consider doing so. This helps us to continue providing healthy meals for the entire community.*

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*Full name of volunteer*

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*Signature of volunteer*

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*Date*

This agreement is an understanding between FoCo Cafe and its volunteers.  
If you would like a copy of any of this document, please ask.

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**Thank you for choosing to support FoCo Cafe by volunteering your time!**

10/20/2014